

### ABSTRACT OF THE DISCLOSURE

Described are label sheets of pressure sensitive labels which are useful for duplex printing applications. The labels are provided with ties to secure them in order to lessen the adverse effects of delamination and leakage of adhesive into the printer parts. They are particularly useful for avoiding these disadvantages during duplex printing which subjects the label sheet to additional manipulation and treatment, such as two heated toner fusion steps, in contrast to simplex printing. Also described are methods of duplex printing using such label sheets.